



Working in a community can be a fast-paced, demanding, exhausting experience. Your VISTA year is an opportunity to apply your knowledge and skills to solving complex community problems. You don't always have time to grab a textbook or reference materials. To fully utilize the resources within you and around you, reflection can be helpful.

The VISTA Notebook, organized around the Five C's is designed to help you do just that. Use it to compare each dimension of community to your own observations and experiences as you go through your service year.

The Five Cs model of community development is a field-tested model of factors that contribute to successful community change. Getting familiar with the The Five Cs: **Community, Connections, Control, Cash, Collective Action,** will help you to identify the factors of community development that are needed to build capacity and create sustainable change. You can use them to anchor your efforts to support your community, regardless of what the goal of your specific project is.

As you move through your VISTA year, your perceptions may change as your work with the community deepens, so be sure to revisit your notebook from time to time. Doing so gives you an opportunity to reflect and explore the research, theory, and practice of community development.

Also, use the VISTA Notebook as best meets your needs and style. You might flip through, using the questions to reflect broadly on your experiences. You might also establish a schedule for weekly or even daily journaling. However you choose to use it, think about your experiences, relationships, and new skills.

Your notebook will help you frame new resources in a way that can assist you in your next steps through service and after VISTA, so read through it carefully today. You might be surprised at the ideas it sparks!

Community

Understanding and what elements help to create a sense of Community where you are serving is important for several reasons:

- you build trust as you enter a new community
- you better understand the norms and values of your community
- you feel more included as part of the community itself
- you are able to achieve more with buy-in from the community as a whole

consider these factors and more as you use your VISTA Notebook.

faith-based groups service agencies drug stores restaurants schools for children schools for adults housing for seniors subsidized or low-income housing bank branches loan and pawn stores bars locally-owned businesses franchise businesses day-care facilities health care facilities bus stops retired residents police stations or substations firehouses post office branches art galleries supermarkets farmer's markets gas stations, mechanics	houses for salerental propertiescommercial properties for salegovernment officespeople of many races%%%%people of many agespeople of many economic levels%%%%homeless peoplehomeless shelterssafe places for childrensafe houses for abused womencommunity signage or bannersgraffitifestivals, parades, and eventsgateways or demarcationsgathering placeslibraries
--	--

UNIQUE ASSETS OR ATTRIBUTES OF THIS COMMUNITY:
TOP THREE PLACES WHERE PEOPLE COME TOGETHER TO MEET AND INTERACT:

WHAT IS PLANNED TO HAPPEN IN THESE PLACES:
WHAT ELSE HAPPENS?
PEOPLE IN THIS COMMUNITY REALLY NEED ACCESS TO:
······································
WHAT STRIKES ME THE MOST ABOUT MY EXPERIENCE IN THIS COMMUNITY:
WHAT BOTHERS ME MOST ABOUT MY EXPERIENCE IN THIS COMMUNITY:

community, continued

HREE	E COMMUNITY GROUPS OR ORGANIZATIONS I'VE ENJOYED VISITING:
	NAME:
	LOCATION:
	WHY I WENT:
4	WHAT SURPRISED ME:
	NAME:
	LOCATION:
	WHYIWENT:
S	WHAT SURPRISED ME:
	NAME:
	LOCATION:
14	WHYIWENT:
U	WHAT SURPRISED ME:

Visit us online!

http://vistacampus.org/mod/Journal/view.php?id=1243.

UNIQUE ASSETS OR ATTRIBUTES O	F THIS COMMUNITY:
1-3 months:	4-6 months:
;	:
7-9 months:	10-12 months:
<u> </u>	
SKILLS OR INSIGHTS I'VE DEVELOP	ED RELATED TO ENTERING OR CREATING COMMUNITY
<u>i</u>	
MY TOP TEN WAYS FOR CREATING A	A SENSE OF COMMUNITY
1	
2	
3	
4	
5.	
6.	
•	
•	
9	
10	
•	
SIGNS THAT THERE IS A SENSE OF (COMMUNITY HERE THAT I AM NOW A PART OF:

connections

What questions can be answered by observing the Connections made within and beyond the community you serve in?

- what networks exist in my community
- how best to contact the influencers where I am
- what resources my community has and needs
- what groups can work together that may not be connected

As you use your VISTA Notebook, remember that the connections your community has and makes directly impacts its access to resources.

THREE PEOPLE WHO HAVE HELPED ADVANCE THE PROGRAM:



a religious or spiritual leader
a political figure
another formal community leade
a craftsperson
a health practitioner or healer
a writer, poet, or musician
an informal community leader
a philosopher or artist
a grocer or business owner
a donor or funder
a police official
a member of the media

HC	V	V	H	[A	7.	7]	3	T	H	I	67	Z	F	ד'	J]	R	T	H	IJ	G]	3.	0	D) :	T	F		C	1	P	R	L(0	J	I	6(C	I		?																																								
•••		•	• •		٠	• •		•		٠	• •	٠	• •	٠		•		•	• •	٠		٠			٠		•	٠	• •		•	۰	٠			٠	•	۰	٠			•			٠	•	• •	٠	•		٠			٠			•	• •	•		•		•		•												•		•	
IF	C.A.	7.	71	E :	R	E	G	τ	[]		A	R	. (30	נכ	N	T	A	70	"	[V	7]	[]	C:	H	ָי ז	T	F	I	3	1	F	'C)]	L	I	.(O	V	V.	I	N	[(¥	P)]	Z	0	P	I	.]	C	:																										
	• •	• •	• •	• •	• •	•	• •	• •	٠	• •	٠	• •	٠	• •	٠	• •	•	• •	٠	• •	•		•			•	• •		•	•	•	• •		٠	•	•		•	•	٠	• •	• •	٠	٠		٠	٠	• •	• •	٠		•	•	• •	٠	• •	•	•		•		•	• •	٠	• •	•	•	•	•	•	•	•	 •	•	 •	•		٠		
•																										7.																																																						
•																																																																																
						• •	۰		۰		•						•		•						۰	0		۰	۰		• •		۰	۰			۰	۰	۰		• •		۰	• •	۰	۰	•		۰	•		۰	• •		۰		۰		۰		•			•				•	•		۰		 •		•					

NAME: ORGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: COMMON GROUND: WHY THEY ARE IMPORTANT TO ME: NAME: ORGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: COMMON GROUND: WHY THEY ARE IMPORTANT TO ME: IAME: RGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: ORGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: OMMON GROUND: WHY THEY ARE IMPORTANT TO ME:	REE PEOPLE I WA	ANT TO REMAIN IN CONTACT WITH:
ORGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: COMMON GROUND: WHY THEY ARE IMPORTANT TO ME: NAME: ORGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: COMMON GROUND: WHY THEY ARE IMPORTANT TO ME: IAME: ORGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: ORGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: OMMON GROUND:	NA WE:	
WHERE WE MET: WHAT IMPRESSED ME MOST: COMMON GROUND: WHY THEY ARE IMPORTANT TO ME: NAME: ORGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: COMMON GROUND: WHY THEY ARE IMPORTANT TO ME: IAME: RGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: ORGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: OMMON GROUND:		
WHAT IMPRESSED ME MOST: COMMON GROUND: WHY THEY ARE IMPORTANT TO ME: WHY THEY ARE IMPORTANT TO ME: NAME: ORGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: COMMON GROUND: WHY THEY ARE IMPORTANT TO ME: IAME: RGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: OMMON GROUND:	-	
COMMON GROUND: WHY THEY ARE IMPORTANT TO ME: WHY THEY ARE IMPORTANT TO ME: NAME: ORGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: COMMON GROUND: WHY THEY ARE IMPORTANT TO ME: IAME: RGANIZATION/COMMUNITY: VHERE WE MET: VHAT IMPRESSED ME MOST: OMMON GROUND:		
WHY THEY ARE IMPORTANT TO ME: NAME: ORGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: COMMON GROUND: WHY THEY ARE IMPORTANT TO ME: IAME: RGANIZATION/COMMUNITY: VHERE WE MET: VHAT IMPRESSED ME MOST: OMMON GROUND:		
NAME: ORGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: COMMON GROUND: WHY THEY ARE IMPORTANT TO ME: IAME: ORGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: OMMON GROUND:		
NAME: ORGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: COMMON GROUND: WHY THEY ARE IMPORTANT TO ME: IAME: ORGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: OMMON GROUND:	WHY THEY ARE I	
NAME: ORGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: COMMON GROUND: WHY THEY ARE IMPORTANT TO ME: IAME: RGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: OMMON GROUND:		
ORGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: COMMON GROUND: WHY THEY ARE IMPORTANT TO ME: IAME: RGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: COMMON GROUND:	• • • • • • • • • • • • • • • • • • • •	
ORGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: COMMON GROUND: WHY THEY ARE IMPORTANT TO ME: IAME: RGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: COMMON GROUND:		
ORGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: COMMON GROUND: WHY THEY ARE IMPORTANT TO ME: IAME: RGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: COMMON GROUND:		
ORGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: COMMON GROUND: WHY THEY ARE IMPORTANT TO ME: IAME: RGANIZATION/COMMUNITY: VHERE WE MET: VHAT IMPRESSED ME MOST: OMMON GROUND:		
ORGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: COMMON GROUND: WHY THEY ARE IMPORTANT TO ME: IAME: RGANIZATION/COMMUNITY: IHERE WE MET: IHERE WE MET: IHERE WE MET: IHERE WE MOST: IHERE WE MOST: IHERE WE MOST:		
WHERE WE MET: WHAT IMPRESSED ME MOST: COMMON GROUND: WHY THEY ARE IMPORTANT TO ME: [AME: RGANIZATION/COMMUNITY: //HERE WE MET: //HAT IMPRESSED ME MOST: OMMON GROUND:	NAME:	
WHAT IMPRESSED ME MOST: COMMON GROUND: WHY THEY ARE IMPORTANT TO ME: CAME: RGANIZATION/COMMUNITY: VHERE WE MET: VHAT IMPRESSED ME MOST: COMMON GROUND:	ORGANIZATION/C	OMMUNITY:
COMMON GROUND: WHY THEY ARE IMPORTANT TO ME: AME: RGANIZATION/COMMUNITY: VHERE WE MET: VHAT IMPRESSED ME MOST: OMMON GROUND:	WHERE WE MET:	
WHY THEY ARE IMPORTANT TO ME: [AME: RGANIZATION/COMMUNITY: //HERE WE MET: //HAT IMPRESSED ME MOST: OMMON GROUND:	WHAT IMPRESSE	D ME MOST:
IAME: RGANIZATION/COMMUNITY: VHERE WE MET: VHAT IMPRESSED ME MOST: OMMON GROUND:	COMMON GROUNI):
IAME: RGANIZATION/COMMUNITY: VHERE WE MET: VHAT IMPRESSED ME MOST: OMMON GROUND:	WHY THEY ARE I	MPORTANT TO ME:
IAME: RGANIZATION/COMMUNITY: VHERE WE MET: VHAT IMPRESSED ME MOST: OMMON GROUND:		
IAME: ORGANIZATION/COMMUNITY: VHERE WE MET: VHAT IMPRESSED ME MOST: OMMON GROUND:		
RGANIZATION/COMMUNITY: /HERE WE MET: /HAT IMPRESSED ME MOST: OMMON GROUND:	•••••	
RGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: COMMON GROUND:		
RGANIZATION/COMMUNITY: WHERE WE MET: WHAT IMPRESSED ME MOST: COMMON GROUND:		
RGANIZATION/COMMUNITY: /HERE WE MET: /HAT IMPRESSED ME MOST: OMMON GROUND:		
VHERE WE MET: VHAT IMPRESSED ME MOST: OMMON GROUND:	TAME:	
VHAT IMPRESSED ME MOST: OMMON GROUND:	RGANIZATION/CO	MMUNITY:
OMMON GROUND:	HERE WE MET:	
	HAT IMPRESSED	ME MOST:
VHY THEY ARE IMPORTANT TO ME:	OMMON GROUND	
	HY THEY ARE IN	IPORTANT TO ME:

connections, continued

QUOTES AND TALES TO REMEMBER:
Funny:
Most profound:
Most outrageous or disturbing:
On life:
On love:
On work:
On social justice:
Other:

WHY ARE THESE VALUABLE TO ME?	
WHAT HAVE THEY TAUGHT ME ABOUT THIS COMMUNITY?	MY SERVICE?
:	
THINGS I COULD HAVE ONLY LEARNED FROM THE PEOPLE I	HERE:
·	
MY TOP TEN STRATEGIES FOR MEETING PEOPLE,	
BUILDING RELATIONSHIPS, OR MAINTAINING CONNECTIONS	S:
1	
2	
3	
4	
1	
5	
5	
7	
ſ	
3	
9	
10	

Visit us online!

http://vistacampus.org/mod/journal/view.php?id=1244



What linkages can you make to issues of power and Control based on what you've observed and experienced in entering your community?

- how easy or challenging it is to get things done
- how much or little buy-in there is from other groups
- how disenfranchised groups are represented
- what kinds of initiatives take place and how successful they are

Once you begin to see how issues of control play out, you can better determine which partnerships, collaborations, and actions can be successful - use your VISTA Notebook as a resource.

I SEE THE FOLLOWING PEOPLE AND GROUPS AS STAKEHOLDERS IN THIS COMMUNITY:
<u>;</u>
HOW DOES EACH GROUP USE ITS INFLUENCE
AND WHAT IS THE IMPACT ON THIS COMMUNITY:

THE DIVISION OF POWER AND INFLUENCE ROUGHLY LOOKS LIKE: (MAKE A SKETCH):

MY THOUGHTS ON HOW OR WHY EACH GROUP OBTAINED THEIR RES	PECTIVE POWER:
	• • • • • • • • • • • • • • • • • • • •
	• • • • • • • • • • • • • • • • • • • •
MY THOUGHTS ON SOCIAL JUSTICE, MARGINALIZED GROUPS, AND	
ISTRIBUTION OF WEALTH IN THIS COMMUNITY:	
	• • • • • • • • • • • • • • • • • • • •
	• • • • • • • • • • • • • • • • • • • •
HE MOST EFFECTIVE LEADER IN THIS COMMUNITY:	
	0 0
	•••••••
/HE IS A GOOD LEADER BECAUSE:	
HE MOST EFFECTIVE COMMUNICATOR IN THIS COMMUNITY:	
	•
/HE IS A GOOD COMMUNICATOR BECAUSE:	
VHAT CAN I LEARN FROM THEIR LEADERSHIP AND COMMUNICAT	(ON STYLES:

control, continued

I WISH I HAD KNOWN THIS ABOUT MY WORK, CO	MMUNITY, ETC.
WHEN I FIRST BEGAN MY SERVICE:	
:	
THE BOOK, ARTICLE, OR REPORT I FOUND MOST I	HELPFUL:
MY BIGGEST FRUSTRATIONS AND HOW I'VE ADD	DECCED MILES.
MY BIGGEST FRUSTRATIONS AND HOW I'VE ADD	KESSED TREM:
······································	
HOW CAN MY COMMUNITY (RE)GAIN A SENSE O	F COLLECTIVE CONTROL
	?

MY TOP TEN LESSONS ABOUT CONTROL THAT THIS COMMUNITY HAS TAUGHT ME:
1.
2
3
4
5
6
7
8
9.
10
SKILLS I HAVE DEVELOPED AND LESSONS I HAVE LEARNED ABOUT CONTROL AS A
LEADER, COMMUNICATOR, AND COMMUNITY MEMBER:

Visit us online!

http://vistacampus.org/mod/Journal/view.php?id=1245



What can you learn about Cash and other resources in your community?

- how much or little there is
- who has the most and who gives the most
- where are the untapped resources
- who is willing to provide but has not been asked
- what groups have assets that can benefit one another and accomplish common goals

By encouraging you to observe, ask questions, and reflect on your community's access to cash, your VISTA Notebook can help you uncover some underutilized assets.

FIRST, IT MAY BE HELPFUL TO THINK ABOUT YOUR OWN PERSONAL BUDGET FOR YOUR VISTA YEAR - AND BEYOND.

HOW I BUDGET MY MONTHLY INCOME OF_

First month of service		Midway through service		Last month of service	
health care	\$	health care	\$	health care	\$
housing	\$	housing	\$	housing	\$
food	\$	food	\$	food	\$
recreation	\$	recreation	\$	recreation	\$
telephone calls	\$	telephone calls	\$	telephone calls	\$
transportation	\$	transportation	\$	transportation	\$
other	\$	other	\$	other	\$
saved	\$	saved	\$	saved	\$

MY TOP TEN WAYS TO THE GET STUFF I NEED ON THE CHEAP:	
1	
2.	
3.	
	,
4	
5	,
6	
7	
8	
9.	
10	
MY TOP TEN WAYS TO STAY ON BUDGET:	
1	
2	
3	
4	
5.	
6	• ••
<u> </u>	• ••
7	• ••
8.	
9	
10	
SKILLS I'VE DEVELOPED RELATED TO BUDGETING AND MONEY:	

cash, continued

FUNDRAISING AND RESOURCE DEVELOPMENT SUCCESSES BY COMMUNITY GROUPS:

FUNDRAISING & RESOURCE DEVELOPMENT STRATEGIES	COMMUNITY GROUP MOST SUCCESSFUL WITH THE STRATEGY	REASONS FOR THEIR SUCCESS

HOW CAN I LEVERAGE THESE SUCCESSES TO BETTER HELP MY COMMUNITY?	
	:
MY TOP TEN WAYS TO DEVELOP CASH AND OTHER RESOURCES IN THIS COMMUNITY:	
1	
2	
3.	
4	
5	
6	•
7	
8	
9	
10	
LESSONS I HAVE LEARNED REGARDING	
COMMUNITY RESOURCE DEVELOPMENT AND LEVERAGING:	
	•
:	

http://vistacampus.org/mod/journal/view.php?id=1246.

Visit us online!

collective Action

Why is Collective Action important to my VISTA service and understanding my community?

- small wins continue to build community
- once groups feel a sense of control they can accomplish something
- identifying a need and resources alone cannot bring about sustainable change
- communities that act together can garner more support from outside resources

Return to your notes on a periodic basis, and discover new ways to mobilize various groups to create community change.

THE MOST AND LEAST EFFECTIVE AGENTS OF CHANGE IN THIS COMMUNITY:	
•	
THE SKILLS, ABILITIES, AND TRAITS THESE PEOPLE HAVE:	
CHANGES THE LEADERS ARE TRYING TO AFFECT:	• • • • • • • • • • • • • • • • • • • •
·	
CHANGES THE LEADERS HAVE CREATED:	
CHANGES THE LEADERS HAVE CREATED:	
ISSUES THE LEADERS TARGET AND WHY:	
:	
: :	
	• • • • • • • • •

HOW DO THE LEADERS ORGANIZE SUPPORTERS?	
WHAT MOBILIZATION TACTICS ARE USED?	
NAME OF STREET ASSESSMENT OF STREET S	
MY THOUGHTS ON THEIR RESPECTIVE LEVELS OF SUCCESS:	
	•
······································	
THE ROLE I HAVE PLAYED IN MOBILIZING GROUPS:	
	•
-	
MY TOP TEN STRATEGIES FOR MOBILIZING GROUPS AND COMMUNITIES:	
1.	
2.	
3	
4	
5	
6	
7.	
8	
9	
10	
LESSONS I HAVE LEARNED REGARDING COLLECTIVE ACTION:	
	0
	•

VISTA Year & Beyond

Recalling, Processing, Valuing, Sharing

If you returned to your VISTA Notebook repeatedly throughout the year, your observations of different aspects of community development probably changed - both because you learned what to look for and (hopefully) because your community learned to function more cohesively because of your VISTA project.

- assess how your perceptions changed
- observe how your community changed

It can be useful to look back over what you wrote throughout the year and recall some specific experiences.

THE WORST TIMES: HOW I HAVE GOTTEN THROUGH THEM: WHAT I LEARNED ABOUT MYSELF IN THE PROCESS: MY FIRSTS: THE THING I'LL PROBABLY TALK ABOUT YEARS FROM NOW: THE BEST TALL TALE I WAS TOLD: WHAT I'LL MISS THE MOST:		
WHAT I LEARNED ABOUT MYSELF IN THE PROCESS: MY FIRSTS: THE THING I'LL PROBABLY TALK ABOUT YEARS FROM NOW: THE BEST TALL TALE I WAS TOLD:	THE WORST TIMES:	
WHAT I LEARNED ABOUT MYSELF IN THE PROCESS: MY FIRSTS: THE THING I'LL PROBABLY TALK ABOUT YEARS FROM NOW: THE BEST TALL TALE I WAS TOLD:		
WHAT I LEARNED ABOUT MYSELF IN THE PROCESS: MY FIRSTS: THE THING I'LL PROBABLY TALK ABOUT YEARS FROM NOW: THE BEST TALL TALE I WAS TOLD:		
WHAT I LEARNED ABOUT MYSELF IN THE PROCESS: MY FIRSTS: THE THING I'LL PROBABLY TALK ABOUT YEARS FROM NOW: THE BEST TALL TALE I WAS TOLD:		
MY FIRSTS: THE THING I'LL PROBABLY TALK ABOUT YEARS FROM NOW: THE BEST TALL TALE I WAS TOLD:	HOW I HAVE GOTTEN THROUGH THEM:	
MY FIRSTS: THE THING I'LL PROBABLY TALK ABOUT YEARS FROM NOW: THE BEST TALL TALE I WAS TOLD:	•	
MY FIRSTS: THE THING I'LL PROBABLY TALK ABOUT YEARS FROM NOW: THE BEST TALL TALE I WAS TOLD:		
MY FIRSTS: THE THING I'LL PROBABLY TALK ABOUT YEARS FROM NOW: THE BEST TALL TALE I WAS TOLD:		
THE THING I'LL PROBABLY TALK ABOUT YEARS FROM NOW: THE BEST TALL TALE I WAS TOLD:	WHAT I LEARNED ABOUT MYSELF IN THE PROCESS:	
THE THING I'LL PROBABLY TALK ABOUT YEARS FROM NOW: THE BEST TALL TALE I WAS TOLD:		•
THE THING I'LL PROBABLY TALK ABOUT YEARS FROM NOW: THE BEST TALL TALE I WAS TOLD:	÷	:
THE THING I'LL PROBABLY TALK ABOUT YEARS FROM NOW: THE BEST TALL TALE I WAS TOLD:	MV ETD CTC.	
THE BEST TALL TALE I WAS TOLD:	WII FIRSIS:	
THE BEST TALL TALE I WAS TOLD:		
THE BEST TALL TALE I WAS TOLD:		•
THE BEST TALL TALE I WAS TOLD:		
THE BEST TALL TALE I WAS TOLD:		•
THE BEST TALL TALE I WAS TOLD:		
THE BEST TALL TALE I WAS TOLD:		4
THE BEST TALL TALE I WAS TOLD:	THE THING I'LL PROBABLY TALK ABOUT YEARS FROM NOW:	
THE BEST TALL TALE I WAS TOLD:		•
THE BEST TALL TALE I WAS TOLD:	:	
WHAT I'LL MISS THE MOST:	THE BEST TALL TALE I WAS TOLD:	
WHAT I'LL MISS THE MOST:		:
WHAT I'LL MISS THE MOST:	:	:
WHAT I'LL MISS THE MOST:		
:	WHAT I'LL MISS THE MOST:	
·		

I WISH I HAD KNOWN:	
I WISH I RAD KNOWN:	
A CAUSE I WILL STAY INVOLVED WITH AFTER NATIONAL SERVICE:	
*	• • •
A LEADER IN THIS CAUSE:	
====:::-::::::::::::::::::::::::::	
WHAT I CAN BRING TO THE EFFORT:	
MY FIRST STEP:	
WII FIRM DIEF.	
WHAT I WANT TO DO MORE OF:	
:	
I WILL NEVER AGAIN:	
·	
THE BIGGEST CHANGES (POSITIVE AND NEGATIVE) I'VE NOTICED IN MYSELF:	
······································	
·	
I HOPE I WILL ALWAYS REMEMBER:	
	,
<u> </u>	
WHAT I CAN DO NOW THAT I NEVER THOUGHT I COULD:	



Now What?

As a result of your VISTA year, you have learned a lot about working in communities and can apply your knowledge and skills to whatever you do next.

HOW MIGHT YOU USE THE VISTA NOTEBOOK AND YOUR EXPERIENCES TO BUILD YOUR RESUMÉ?

Look over your notes and identify what knowledge and skills you developed that are transferable to the next opportunity you envision for yourself.

WHAT LESSONS HAVE YOU LEFT WITH YOUR COMMUNITY?

Visit What's Next and VISTA Works on www.vistacampus.org to help incorporate some of the great lessons you've learned and skills you've acquired in your next steps after VISTA.

WHAT RESOURCES DO YOU STILL NEED?

Remember, you can find valuable information on the VISTA Campus (Transitions page) for everything from your Education Award to Federal Non-Competitive Status and your role as a VISTA Alum.

These resources are designed for you - so share them with fellow VISTAs or start a conversation on the campus Bulletin Board. Now more than ever, your experiences can help shape and support your own VISTA community. Best of luck!

Visit us online!

http://vistacampus.org/course/view.php?id=30

Sponsored by



CORPORATION FOR NATIONAL & COMMUNITY SERVICE 1201 New York Avenue, NW, Washington, D.C. 2-525 T. 202.606.5000 TTY. 202.565.2799 www.NationalService.org

Provided by



CAMPAIGN CONSULTATION, INC. 2819 Saint Paul Street, Baltimore, MD 21218.4312 USA T. 410.243.7979 | F. 410.243.1024 | Toll Free 1.877.243.2253 Success@CampaignConsultation.com www.CampaignConsultation.com